

MVS BULLETIN

Mountbatten Vocational School Newsletter



WORK-BASED TRAINING

Work-Based Training (WBT) for our Year-2 Students started on 3 May 2021 and will continue until 19 November 2021.

This year, our WBT partners are Seoul Garden, Fragrance Hotel Group, Tanglin Club, Swensen's, Privé, and Food for a Social Cause. Above and on the following page are a few photos of our students at their WBT workplaces.

WORK- BASED TRAINING



VIP VISITS

The school was honoured by visits from two VIPs in the months of April and May this year. On 24 March 2021 Mayor Mohd Fahmi Aliman of the South East District had lunch at the MVS Cafe. After the meal, he took a brief tour of our school facilities and was introduced to our school programmes. He was impressed with what the school is doing and he assured us that the South East CDC will continue its partnership with the school. The second VIP to visit the school was the Minister of State, Ms Sun Xueling, on 16 April 2021.



Mayor Fahmi speaking to a student at the Housekeeping room



Mayor Fahmi posing for a photo before leaving the school



MOS Sun Xueling (with a green scarf) with other guests at the MVS Cafe

SEXUALITY EDUCATION WORKSHOP

Talking with youths about relationships, sexuality, sexual health and responsibility encourage them to think about their own values and make better decisions in their own relationships. For this purpose, the school had two concurrent sexuality education workshops by Filos Community Services (approved by MOE and HPB) for our Year-1 and Year-2 students on 19 April 2021



SCHOOL RENOVATION

We took advantage of the June holidays to start our school renovation project to add classrooms, offices and to repair some damages to the school building. All renovations were completed when school resumed on 6 July 2021.



JUNE HOLIDAYS

MVS Issue 5

Although the June school holidays were time for students to catch a breather and to relax, some students took the opportunities to put into practice at their homes what they had learned recently at school. Their favourites seemed to be cooking the "ABC" Soup and Fried Eggs and Tomatoes taught to them by Ms Wong. Kudos to Jack who also used skills learned in Housekeeping to help with cleaning chores at home.



VACCINATION AGAINST COVID-19

Vaccination for students at special education (Sped) schools in our nation began on 17 June 2021. MVS was included in this vaccination drives for schools and our eligible students had their first dose on 1 July 2021 in the school hall. The second dose will be administered on 23 July 2021



TERM 3 RESTAURANT WEEK

Restaurant Week for Term 3 has just started for the Year-1 students. The menus can be found in the pages below.



- Although the COVID-19 cases in Singapore has decreased recently, we still need to be vigilant against any spread of the disease.

GOV.SG HOW-TOS

KEEP SAFE WHEN GOING TO SCHOOL

1. BEFORE SCHOOL

- ✓ **STAY HOME**
If you or someone at home is sick with flu-like symptoms
- ✓ **WEAR A MASK**
When out of home

2. WHILE IN SCHOOL

- ✓ **WASH YOUR HANDS OFTEN**
Or use hand sanitiser
- ✓ **WIPE DOWN SHARED EQUIPMENT**
Before and after use
- ✓ **MONITOR YOUR HEALTH**
Take temperature daily
- ✓ **ALWAYS KEEP MASK ON**
Take it off when eating/drinking; during strenuous activities
- ✓ **KEEP TO YOUR CLASS**
Don't mingle with other classes
- ✓ **ENSURE SAFE MEASURES**
Follow fixed seating rules, staggered arrival and dismissal times

3. AFTER SCHOOL

- ✓ **GO HOME QUICKLY**
Don't hangout; avoid crowds
- ✓ **SPEAK SOFTLY IN PUBLIC**
Avoid spreading droplets

1 metre

1 metre

1 metre

gov.sg

- Restaurant Week 1 Menu



MVS CAFE

LUNCH MENU
WEEK 1

MONDAY
12 JULY 2021

Roasted Tomato and Capsicum Soup

Ayam Penyet
(tauhu goreng and fragrant steamed rice)
Or
Fish Tacos with Crunchy Corn Salsa
(spicy grilled fish with fresh veggie salsa)

Banana Upside Down Cake

Coffee or Tea

TUESDAY
13 JULY 2021

Tofu Salad
(with sesame ponzu dressing)

Thai Beef Noodle Soup
(with freshly stewed beef and basil)
Or
Pan-seared Crispy Salmon
(with edamame fried rice)

Ice Jelly Fruit Cocktail

Coffee or Tea

WEDNESDAY
14 JULY 2021

Creamy Chicken and Mushroom Soup

Pan Grilled Barramundi
(with crabstick rosti, lemon garlic butter sauce)
OR
Chicken Shepherd's Pie
(with microgreen mix salad)

Cream Cheese Fruit Tarts

Coffee or Tea

ANNOUNCEMENTS

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- Restaurant Week 2 Menu



MVS CAFE

LUNCH MENU
WEEK 2

**Monday
26 July 2021**

Pajeon
(Korean pancake)

Spicy Tomato Chicken (Ayam Masak Merah)
(with Fragrant chicken rice)

Or

Honey Lime Garlic Butter Salmon
(with butter rice and asparagus)

Bake Well Tart

Coffee or Tea

**Tuesday
27 July 2021**

Broccoli & Potato Soup

Boiled Seafood
(with hot garlic oil pasta)

OR

Braised Beef Stew
(with fragrant steamed rice)

French Coconut Pie

Coffee or Tea

**Wednesday
28 July 2021**

Prawn Cocktail Cups

Chicken Kebab
(with peanut sauce, turmeric coconut rice)

OR

Grilled Fish Steak
(with sweet chilli chutney, turmeric coconut rice)

Chilled Sago Cream with Fresh Mango Juice & Pomelo

Coffee or Tea

ANNOUNCEMENTS

MVS Issue 5

- Restaurant Week 3 Menu



**MVS
CAFE**
LUNCH MENU
WEEK 3

MONDAY
2 AUGUST 2021

Minestrone Soup

Seafood Paella
(with saffron-infused paella, loaded with mussels, clams,
and shrimp)
Or
Roast leg of lamb
(with basil & mint pesto)

Nutella Crepes with Bananas

Coffee or Tea

TUESDAY
3 AUGUST 2021

Japanese Kani Salad

Saba Misoni (Mackerel Simmered in Miso)
(with fragrant white rice and ajitsuke tamago)
Or
Grilled Garlic Onion Chicken
(with fragrant white rice, miso eggplant)

Fresh Strawberry Coffee Cake

Coffee or Tea

WEDNESDAY
4 AUGUST 2021

Potato Salad

Coconut Turmeric Grilled Fish
(fragrant steamed rice and pickled vegetables)
Or
Chicken Schnitzel
(with french fries and coleslaw)

Gula Melaka Panna Cotta

Coffee or Tea