

MVS CAFE

LUNCH MENU WEEK 1

MONDAY

12 JULY 2021

Roasted Tomato and Capsicum Soup

Ayam Penyet

(tauhu goreng and fragrant steamed rice)

Or

Fish Tacos with Crunchy Corn Salsa

(spicy grilled fish with fresh veggie salsa)

Banana Upside Down Cake

Coffee or Tea

TUESDAY

13 JULY 2021

Tofu Salad

(with sesame ponzu dressing)

Thai Beef Noodle Soup

(with freshly stewed beef and basil)

Or

Pan-seared Crispy Salmon

(with edamame fried rice)

Ice Jelly Fruit Cocktail

Coffee or Tea

WEDNESDAY

14 JULY 2021

Creamy Chicken and Mushroom Soup

Pan Grilled Barramundi

(with crabstick rosti, lemon garlic butter sauce)

OR

Chicken Shepherd's Pie

(with microgreen mix salad)

Cream Cheese Fruit Tarts

Coffee or Tea





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LUNCH MENU

WEEK 2

Monday
26 July 2021

Pajeon
(Korean pancake)

Spicy Tomato Chicken (Ayam Masak Merah)
(with Fragrant chicken rice)

Or

Honey Lime Garlic Butter Salmon
(with butter rice and asparagus)

Bake Well Tart

Coffee or Tea

Tuesday
27 July 2021

Broccoli & Potato Soup

Boiled Seafood
(with hot garlic oil pasta)
OR

Braised Beef Stew
(with fragrant steamed rice)

French Coconut Pie

Coffee or Tea

Wednesday
28 July 2021

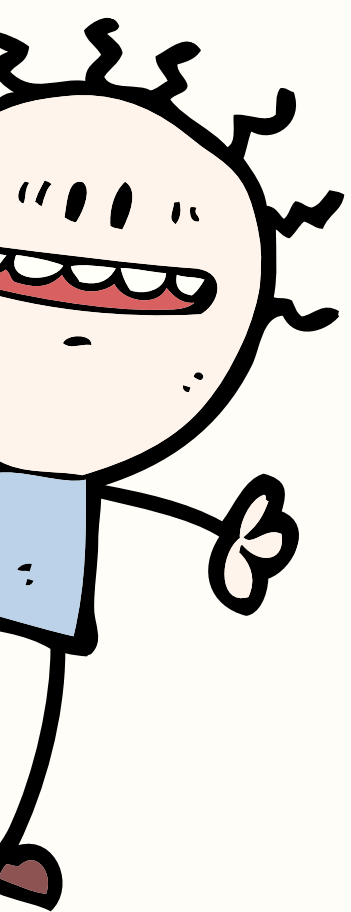
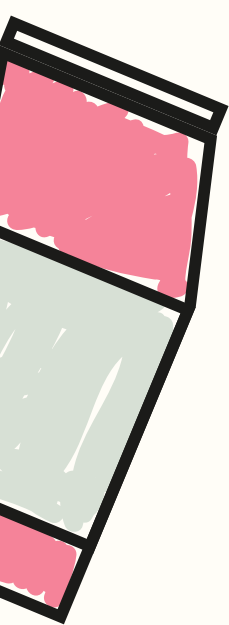
Prawn Cocktail Cups

Chicken Kebab
(with peanut sauce, turmeric coconut rice)
OR

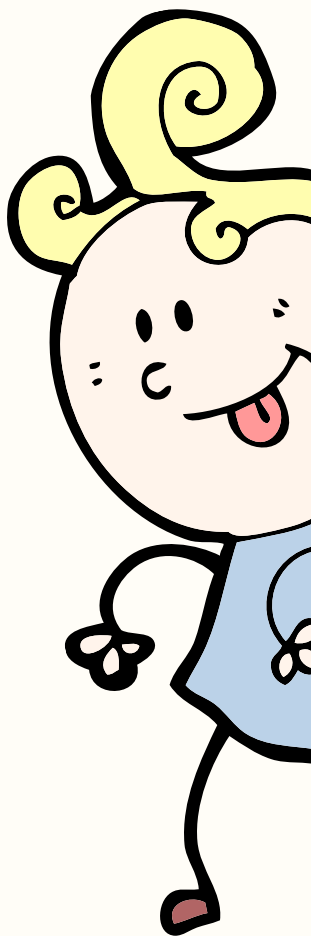
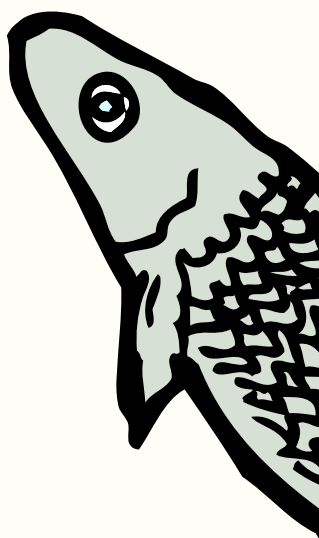
Grilled Fish Steak
(with sweet chilli chutney, turmeric coconut rice)

Chilled Sago Cream with Fresh Mango Juice & Pomelo

Coffee or Tea



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LUNCH MENU
WEEK 3



MONDAY

2 AUGUST 2021

Minestrone Soup

Seafood Paella

(with saffron-infused paella, loaded with mussels, clams,
and shrimp)

Or

Roast leg of lamb

(with basil & mint pesto)

Nutella Crepes with Bananas

Coffee or Tea

TUESDAY

3 AUGUST 2021

Japanese Kani Salad

Saba Misoni (Mackerel Simmered in Miso)
(with fragrant white rice and ajitsuke tamago)

Or

Grilled Garlic Onion Chicken

(with fragrant white rice, miso eggplant)

Fresh Strawberry Coffee Cake

Coffee or Tea

WEDNESDAY

4 AUGUST 2021

Potato Salad

Coconut Turmeric Grilled Fish
(fragrant steamed rice and pickled vegetables)

Or

Chicken Schnitzel

(with french fries and coleslaw)

Gula Melaka Panna Cotta

Coffee or Tea